

# Meridian Cub Scout Day Camp 2010

Jr.Helper Training



# You're Jr.Helper Leaders

**Jr.Helper Advisor:** Ray Chan

ray\_k\_chan@yahoo.com

**Jr.Helper Admin SPL:** Matthew Ridgers

matthewridgers@yahoo.com

**Jr.Helper SPL:** David Crinnion

Davecrin8@aol.com

# Little Hills Ranch – Close Up



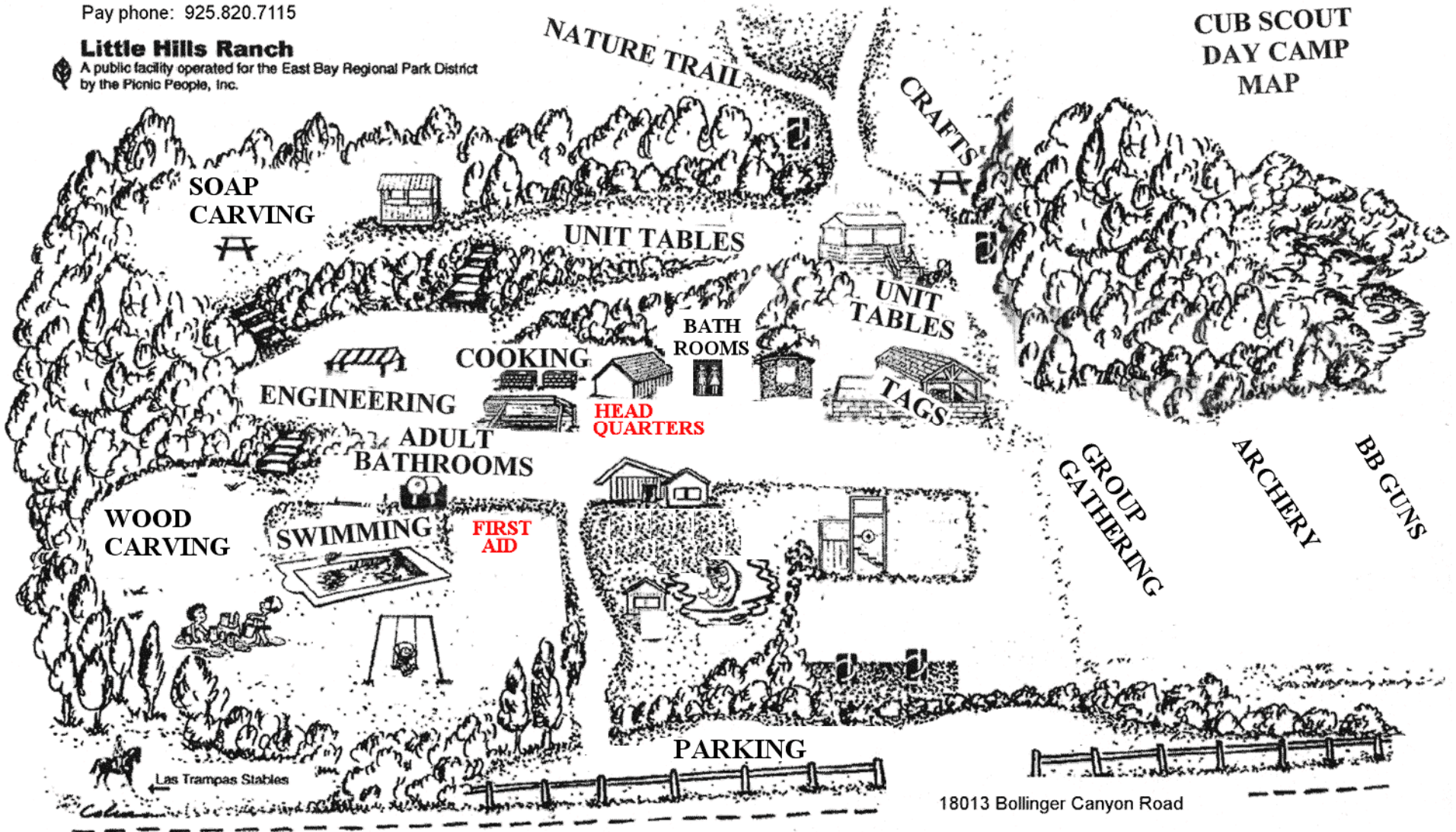
# Day Camp Map

Pay phone: 925.820.7115

## Little Hills Ranch

A public facility operated for the East Bay Regional Park District by the Picnic People, Inc.

## CUB SCOUT DAY CAMP MAP



# Cubstruction Code of Honor

(Will be included in your unit binders)

- ▶ Show respect for all Staff, Leaders, Guests, and other Foreman!
- ▶ No Teasing, name calling, or profane or rude language!
- ▶ Keep your hands and feet to yourself!
- ▶ Always stay with the group unless you have permission to leave with your buddy!

# Cubstruction Code of Honor (cont.)

- ▶ Be fair and play games according to the rules!
- ▶ Use restrooms, drinking fountains, and equipment properly.
- ▶ Obey all warning bells, music, whistles and notices.
- ▶ No knives, cell phones, I-Pods, hand-held electronic games or gum at camp!

# Cubstruction Code of Honor (cont.)

- ▶ No cell phones may be left on during camp hours - only for pick up, if necessary. (Cell phones don't work at Little Hills)
- ▶ No fighting (unless you are protecting the cubstruction site!)
- ▶ "Do Your Best", "Leave No Trace", and have Fun!!!!

# The brand-new 3 Strike Rule

If you disobey the rules you get a strike...

- ✓ **First Strike: You lose your free swimming time**
- ✓ **Second Strike: You lose BB Gun free-time**
- ✓ **Third Strike: You lose After Party**

\*The time of the consequence will be decided by Staff

# Positive Mental Attitude

- ▶ Stress can be a deceptive influence
- ▶ Monitor yourself and others
- ▶ Check for symptoms of
  - over tiredness
  - bad temper
  - crying (or wanting to)
  - yelling (or wanting to)
  - hunger (use your snacks)
  - irritability
  - Specifically for the Cubstruction Scouts
    - ▶ throwing things
    - ▶ hitting things or people
    - ▶ swearing
  - withdrawal

# PMA (cont.)

- ▶ It is ok to intervene
  - Offer the person a break
  - Suggest you take over for awhile
- ▶ Ask for a
  - time out period
    - ▶ For the Cubstruction Scouts: The Special Envelope!
    - ▶ For you – take a break
  - look for your buddy
  - ask for advice
    - ▶ Is it just you or is this really annoying?

# Assingnments

When you check into camp you will be assigned to a station or activity.

You might be assigned to...

Swimming, Crafts, Knots, BB Guns, Archery, whittling, chariots, soap carving, engineering, watersports, tags, food, obstacle course, sports, a unit , or service.

# What are these assignments?

If you are assigned to a **unit** it will be for the whole week. If you are assigned with a unit you walk around with the unit and help them out. You are to assist the unit in their activities and help lead the cub scouts.

If you are assigned to a **station** you will be working at the station. If you are assigned to a station it might or not be the same station you will work at every day. If assigned to a station you follow the directions of the staff member in charge of the station and help run it for the Cub Scouts.

If you are assigned to **service** it means for the day you will be helping with various tasks. Tasks such as emptying trashcans, refilling water, and assisting staff members with various tasks. Some people won't get service at all while others will have service two times a week, but don't worry it won't be for nothing. The rest of your assignments for the week will be fun.

# The “Know” List

- ▶ Know:
  - the rules
  - the position
  - how to maintain discipline
  - where to get help
  - the role of the unit leaders
  - emergency plans
  - how to handle stressful situations
  - how to be positive in camp.

# Security

## Identification Procedures

1. All persons in camp will be identified by a camp shirt and a name tag
2. All visitors will sign-in and out at the "Foreman's Office" at the entrance and will be given a visitors badge.

# Security (cont.)

## Sign In Procedures:

- All adults will sign in each day at the entrance
- All children will sign in with their unit leaders on the field each morning
- Sign-in sheets will be collected at 9:30 each morning from the unit leaders
- Parents will be called if their child is not signed in, unless the parent has phoned ahead
- All visitors will sign in at the “Foreman’s Office”

# Security (cont.)

## **Visitors without Badges**

1. Be Polite, guide them to the "Foreman's Office" for a Visitor's Badge
2. Report their presence to the camp directors IMMEDIATELY - use radios
3. If the visitor is unauthorized the Camp Director will ask them to leave.
4. If they do not leave the camp property when asked, we will contact law enforcement all the while maintaining visual contact with them.

# Media or Press

If Media or Reporters are present refer all questions/comments to Camp Director:

“You really need to hear it from the person in charge.”

# Missing Child

## Yellow Alert

*This should be the first step. Most times a yellow alert just means a child got separated from their unit.*

1. Report to a Camp Director or Staff person immediately
2. We will make a yellow alert call on the radio.
3. Staff will stop and look around your area for an out of place child
4. Camp Directors will check the bathrooms and pool area
5. When found sound an all clear on the radio.

# Missing Child (cont.)

## Red Alert

1. Upon the radio call of a **Red Alert-Lost Child** all activity will stop.
2. Camp Directors will assign someone to move to the parking lot. No one will be permitted to leave the camp.
3. Each area will search for the camper, calling by name.
4. Each activity director will respond back after they have checked their areas.
5. If still not found, the fire alarm will be used to clear the camp.
6. Make a head count before proceeding. Then everyone should go to the grass field (group gathering area) immediately!
7. Staff will then form search teams and notify Little Hills Staff.
8. Local authorities and the Lost Scout's Parents will be notified by Camp Directors.
9. After a head count, activities will resume as directed by the Camp Directors, while the search is being conducted.

# Fire Evacuation



1. Upon signal of the fire alarm stop all activity.
2. Unit leaders will move their cub scouts to the field area quickly – no running.
3. Upon arrival at the field a head count will be made by all unit leaders.
4. The Camp Director will call units in order to confirm “All present?”

*During Tuesday's fire drill 1 person may remain at the Archery, BB Guns and Swimming stations.*

# Remember...

- Please be a good leader
- Please sign and return the Scouting Behavior Agreement

And DRINK YOUR WATER, It will be HOTT

Have a good time!!

Thanks!

Thank you for  
volunteering!!!